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City of Statham was awarded GMA Life & Health Insurance Fund's Health Wellness Grant

Georgia Municipal Association GMA is excited to announce that the City of Statham has been awarded one of the 2024 Health Wellness Grants by the Georgia Municipal Association (GMA). The grant supports the City of Statham commitment to facilitating positive change in the workplace culture and going the extra mile for employees' health wellness.

GMA is honored to collaborate with the City of Statham at every step of the health wellness journey. Awards are made statewide to Participating Employers enrolled in one or more medical plans through the GMEBS (Georgia Municipal Employees Benefit Services) Life and Health Insurance Fund.

The Health Wellness Program at GMA helps members embrace a variety of skills, mindsets, and cultures to encourage utmost wellbeing through workplace health wellness initiatives. These initiatives have a demonstrated track record of improving employee wellbeing and quality of life, while enhancing workplace morale, reducing medical claims, and maximizing cost impact.

The City of Statham has designated a Health Wellness Champion to coordinate/oversee the program and work in partnership with GMA to facilitate the planning of targeted activities. Cheryl Venable & Nikki Sapp has expounded on ways the City of Statham would benefit from implementing workplace health wellness initiatives and has said, we just want to encourage the employees to the starting line to begin a journey of wellbeing program. It's all about taking that first step. Encouragement and giving the tools to see a path that will work for each employee's individual journey to wellbeing is a key for committee for the long-term.